

RECREATIONAL SKATING PROGRAMS

CANSKATE PROGRAMS

Pre-Can Skate & CanSkate are Skate Canada's flagship learn-to-skate programs, designed for beginners of all ages. When you sign up for CanSkate you will be in a program that focuses on fun, participation and basic skill development. You will earn badges and other incentives as you learn fundamental skating skills. Lessons are given in a group format and led by an NCCP certified professional coach. Professional coaches are assisted by trained Program Assistants. Skaters progress at their own rate and coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. CanSkate is the feeder program to all other Skate Canada Skating Programs, and is presented by BMO Financial Group, reflecting their commitment to grassroots development.

CanSkate is Canada's only national learn-to-skate program. It was developed by experts to teach the fundamentals of skating in a progressive and sequential manner.

PRE-CANSKATE

Tuesdays and/or Thursdays 5:30-6:00 pm

Fees: 1 Day/Week x 20 Weeks \$125*
2 Days/Week x 20 Weeks \$215*
1 Day/Week x 10 Weeks \$110*

*All fees plus \$40 Skate Canada Registration/Admin Fee

CANSKATE

Tuesdays and/or Thursdays 5:30-6:20 pm

Fees: 1 Day/Week x 20 Weeks \$215*
2 Days/Week x 20 Weeks \$335*

*All fees plus \$40 Skate Canada Registration/Admin Fee

JUNIOR ACADEMY

Tuesdays and/or Thursdays 6:00-7:00 pm

Fees: 1 Hour/Week x 20 Weeks \$250*
2 Hours/Week x 20 Weeks \$470*

*All fees plus \$40 Skate Canada Registration/Admin Fee

ALL RECREATIONAL SKATING PROGRAM PARTICIPANTS ARE REQUIRED TO SELL 2 BOOKS OF CASH DRAW TICKETS.

CANPOWERSKATE

is an action-packed, high energy instructional power skating program geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations. CanPowerSkate provides an alternative to figure skating and is an excellent complement for those athletes playing on hockey or ringette teams. Its unique skill award program provides incentives and motivation for skaters to continue to achieve. CanPowerSkate is geared to skaters aged approximately six or older who already have basic forward and backward skating skills (they must be able to skate the length of the rink using alternate strides) and are able to stop on command without use of the boards. For safety reasons participants should wear full hockey/ringette equipment that is CSA approved.

Tuesdays 6:00-7:00 pm

Fees: 1 Day/Week x 20 Weeks \$215*
1 Day/Week x 10 Weeks \$160*

*All fees plus \$40 Skate Canada Registration/Admin Fee

ALL RECREATIONAL SKATING PROGRAM PARTICIPANTS ARE REQUIRED TO SELL 2 BOOKS OF CASH DRAW TICKETS.

NEW!!!

TEEN/ADULT SKATE

Adult/Teen skating is growing in popularity and more and more clubs are offering recreational & test skating opportunities to this segment of the population. Learn to skate for the very first time, improve the skating skills you already have, or just come out to STAY FIT AND HAVE SOME FUN!

Wednesdays 5:30-6:30 pm

Fees: 1 Hr/Week x 20 Weeks \$400*

*All fees plus \$40 Skate Canada Registration/Admin Fee

STARSKATE PROGRAMS

STARSkate offers opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. Unique in Canada, this program teaches figure skating skills in a group and/or private lesson format in a progressive and sequential manner and includes specifically designed awards and incentives. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system.

INTERMEDIATE

Fees: Full Time - 7.5 Hrs/Wk x 20 Wks \$1100*
Part Time - 4.5 Hrs/Wk x 20 Wks \$825*

*All fees plus \$40 Skate Canada Registration/Admin Fee

SENIOR

Fees: Full Time - 9 Hrs/Wk x 20 Wks \$1320*
Part Time - 6 Hrs/Wk x 20 Wks \$1100*

*All fees plus \$40 Skate Canada Registration/Admin Fee

ALL STARSKATE PROGRAM PARTICIPANTS ARE REQUIRED TO SELL 1 BOOK OF CASH DRAW TICKETS.

COMPETITIVE SKATE

MONDAYS 6:00-7:00 PM

OPEN TO ALL STARSKATERS

SYNCHRONIZED SKATING

WEDNESDAYS 4:00-5:30 PM \$100.00

OPEN TO ALL STARSKATERS

ADDITIONAL CASH DRAW TICKETS & FUNDRAISING OPPORTUNITIES WILL BE MADE AVAILABLE TO STARSKATERS WHO WISH TO TAKE PART. BY TAKING PART, SKATERS WILL BE ELIGIBLE FOR A REFUND FOR A PORTION OF THEIR REGISTRATION FEE BASED ON FUNDS THEY RAISE.

PAYMENT PLANS AVAILABLE FOR ALL PROGRAMS

Certified Coaching Staff:

ROXANNE DAIGNAULT
807-547-2512
NCCP LEVEL 3 CERTIFIED
PARTIAL LEVEL 4

LYNN TRAVISS
807-547-0026
NCCP LEVEL 2 CERTIFIED
PARTIAL LEVEL 3

SANDRA FERRARA-BOND
807-548-1876
NCCP LEVEL 2 CERTIFIED

PLEASE BOOK ALL PRIVATE LESSONS
DIRECTLY WITH THE COACH OF YOUR
CHOICE BY CONTACTING THEM AT THE
ABOVE PHONE NUMBER.

Kenora Skating Club CANCELLATION POLICY

Cancellations/Requests for Refunds will be accepted in writing before October 29, 2010 for first session programs or by January 31, 2011 for second session programs. After these dates refunds will only be accepted with a medical certificate.



2010-2011 Winter Programs

Pre-CanSkate
CanSkate
Junior Academy
CanPowerSkate
Teen & Adult Skate
StarSkate
Competitive Skate
Synchronized Skating

All Programs Operate at
The Kenora Recreation Centre
- Thistle Rink.

KENORA SKATING CLUB
Mailing Address:
P.O. BOX 612
KENORA, ON. P9N 3X6
PH. & FAX: 807-547-3512
e-mail: skatinginkenora@shaw.ca

www.skatinginkenora.com



Kenora Skating Club Monthly Payment Schedule 2010-2011

PreCanSkate 1 Day/Wk 20 Wks	4 Pmts:	Sept. 1/10 \$71.25,	Oct. 1/10 \$31.25,	Nov. 1/10 \$31.25	Dec. 1/10 \$31.25,
PreCanSkate 2 Days/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$70.68, Jan. 2/11 \$30.72,	Oct. 1/10 \$30.72, Feb. 1/11 \$30.72	Nov. 1/10 \$30.72 Mar. 1/11 \$30.72	Dec. 1/10 \$30.72,
PreCanSkate 1 Day/Wk 10 Wks	3 Pmts:	Sept. 1/10 \$76.66,	Oct. 1/10 \$36.67,	Nov. 1/10 \$36.67	
CanSkate 1 Day/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$70.68, Jan. 2/11 \$30.72,	Oct. 1/10 \$30.72, Feb. 1/11 \$30.72	Nov. 1/10 \$30.72 Mar. 1/11 \$30.72	Dec. 1/10 \$30.72,
CanSkate 2 Days/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$87.84, Jan. 2/11 \$47.86,	Oct. 1/10 \$47.86, Feb. 1/11 \$47.86	Nov. 1/10 \$47.86 Mar. 1/11 \$47.86	Dec. 1/10 \$47.86,
Junior Academy 1Hr/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$75.68, Jan. 2/11 \$35.72,	Oct. 1/10 \$35.72, Feb. 1/11 \$35.72	Nov. 1/10 \$35.72 Mar. 1/11 \$35.72	Dec. 1/10 \$35.72,
Junior Academy 2Hr/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$107.10, Jan. 2/11 \$67.15,	Oct. 1/10 \$67.15, Feb. 1/11 \$67.15	Nov. 1/10 \$67.15 Mar. 1/11 \$67.15	Dec. 1/10 \$67.15,
CanPowerSkate 1 Day/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$70.68, Jan. 2/11 \$30.72,	Oct. 1/10 \$30.72, Feb. 1/11 \$30.72	Nov. 1/10 \$30.72 Mar. 1/11 \$30.72	Dec. 1/10 \$30.72,
CanPowerSkate 1 Day/Wk 10 Wks	3 Pmts:	Sept. 1/10 \$93.32,	Oct. 1/10 \$53.34,	Nov. 1/10 \$53.34	
Teen/Adult Skate 1Hr/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$97.10, Jan. 2/11 \$57.15,	Oct. 1/10 \$57.15, Feb. 1/11 \$57.15	Nov. 1/10 \$57.15 Mar. 1/11 \$57.15	Dec. 1/10 \$57.15,
Intermediate Full Time 7.5 Hours/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$197.10, Jan. 2/11 \$157.15,	Oct. 1/10 \$157.15, Feb. 1/11 \$157.15	Nov. 1/10 \$157.15 Mar. 1/11 \$157.15	Dec. 1/10 \$157.15,
Intermediate Part Time 4.5 Hours/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$157.84, Jan. 2/11 \$117.86,	Oct. 1/10 \$117.86, Feb. 1/11 \$117.86	Nov. 1/10 \$117.86 Mar. 1/11 \$117.86	Dec. 1/10 \$117.86,
Senior Full Time 9 Hours/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$228.52, Jan. 2/11 \$188.58,	Oct. 1/10 \$188.58, Feb. 1/11 \$188.58	Nov. 1/10 \$188.58 Mar. 1/11 \$188.58	Dec. 1/10 \$188.58,
Senior Part Time 6 Hours/Wk 20 Wks	7 Pmts:	Sept. 1/10 \$197.10, Jan. 2/11 \$157.15,	Oct. 1/10 \$157.15, Feb. 1/11 \$157.15	Nov. 1/10 \$157.15 Mar. 1/11 \$157.15	Dec. 1/10 \$157.15,

*\$40 SKATE CANADA/ADMIN. FEE MUST BE INCLUDED IN FIRST PAYMENT AS INDICATED ABOVE.



KENORA SKATING CLUB
 BOX 612 KENORA, ONTARIO P9N 3X6
 Registration Form - Skating Season 2010/11

Name: _____ Address: _____

City: _____ Province: _____ Postal Code : _____

Parent/Guardian Names: _____

Home Phone : _____ Cell/Bus. Phone : _____

E-mail: _____

Date of Birth (dd/mm/yr) ____/____/____ Age: ____ Male: ____ Female: ____

Health Card # _____ Skate Canada # _____

MEMBERSHIP REQUEST (Please Check):

____ FULL TIME SENIOR ____ PART TIME SENIOR ____ SENIOR SYNCHRO

____ FULL TIME INTERM. ____ PART TIME INTERM. ____ INTERMED. SYNCHRO

____ FULL TIME JUNIOR ACADEMY ____ PART TIME JUNIOR ACADEMY

____ CANSKATE ____ PRE CANSKATE ____ CANPOWERSKATE ____ TEEN/ADULT

WHERE APPLICABLE: ____ 1 DAY/WEEK ____ TUES. OR ____ THURS. ____ 2 DAYS/WEEK
 ____ 10 WEEKS ____ 20 WEEKS

Liability Agreement: The skater or if the skater is under 19, the skater and parent/guardians agree: The skater skates at his/her own risk. The skater will not hold Kenora Skating Club and its officers or employees or the Kenora Arena responsible for any loss or damage sustained through injury to the skater or other skaters on or off the ice and/or other liability loss, damage or expenses incurred as a result of the skater registered for the Kenora Skating Club 2010-2011 season. The skater will abide by the rules of the club and Skate Canada. All fees for skating will be paid according to schedule. Coaching fees will be paid within 7 days of receipt of bill and paid in full prior to taking tests.

SIGNED (parent / guardian) _____ **Date:** _____

I hereby grant consent to the Kenora Skating Club to use, in the Club newsletter, on the Club website, or in the newspaper, photographs featuring my child while skating or at Club functions with the understanding that appropriate sensitivity and good judgement will be employed in selecting photos to be used.

SIGNED (parent / guardian) _____ **Date:** _____

FOR OFFICE USE ONLY TOTAL FEES PAYABLE	SEPT	OCT	NOV	DEC	JAN	FEB	MAR